GOT LEGS AND KNOWS HOW TO USE 'EM

Pay attention to the leg colors below! If you ask someone and they make a guess: Good Luck, we'll see you before dark, we hope.

Printable Course Description (This Stuff) (PDF)

A - ReAwakening	View	<u>Print</u>

Dog Drool (Trail Review):"Dark, darker, and darkest". Headlight and / or hand lights are highly recommended as trail is rocky, rooty, and damn geo-web bear traps. Pacing description, "Don't get hit by car, flat & fast, Up, blind left turn, skinny & flat, left, left. Down, down, modest hills, don't get hit by car, aid station. Mini Aid Station.

Start	End	Length	Color	Climb	Difficulty
Half Moon	Gosling Lake Access	6.1	White	+630/-620	3
Dangerous Road Crossings		Grunge	Grunge		Poison Ivy
2 SEVERE		Dark	Dark		Clean

B - Limbo	<u>View</u>	<u>Print</u>

"An uncertain period of awaiting a decision, and intermediate state of condition." Fast trails & easy dirt roads followed by mega turning horse trails. New color is **YELLOW**, with reflectors. New exit off of Potto at Doyle dirt road. Horse Trails near the end require strong visual focus and weak nostril flaring. Last mile & a half has 2-way traffic with Section E, pink. Follow Ultra signs into Hell Creek Ranch Aid Station. Drop Light Zone and Support Access.

Start	End	Length	Color	Climb	Difficulty
Gosling Lake Access	Hell Creek Ranch	4.9 (total 11.0)	YELLOW	+260/-350	1.5
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
0 but dirt road running		Horse Drops		Dry	Minimum

C - This Sucks - Less	<u>View</u>	Print
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Everyone into the muck this year but shorter swamp route than the relay. New exit from ranch, new route to Monks crossing. New aid station in back yard. Less confusing. Easy horse trails until the swamp. Ultra has shorter way

through the muck than Relay. New ending is easy rail trail, backyard, road, and 2nd backyard to aid station, which is 2-way traffic against Section D-Pink. Aid station at Nielsen's Review Exchange. Marginal Support Access.

Start	End	Length	Color	Climb	Difficulty
Hell Creek Ranch	Neilsen's Review	4.4 (15.4)	Blue	+315/-330	2.8
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
1		All kinds of odd textures		Swampy	High + Nettles
D - Stripper Pole				View	Print

New color is Pink. New exit from Nielsen's Review Aid Station until exit off rail trail is against Leg C, Blue.Wicked hills including the Stripper Pole slide and Dirt Ladder climb. Scenic series of ridge running and drops. Watch closely for sudden turns and wrong-way morons. Follow Ultra signs into Hell Creek Ranch Aid Station. Support Access.

Start	End	Length	Color	Climb	Difficulty
Neilsen's Review	Hell Creek Ranch	4.0 (19.5)	PINK	+450/-440	2.6
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
1		Chutes and Ladders		Dry	High + Nettles

E - Styx, River of Death View Print

The path to Hell is the river of death, "Styx". Your tormented soul is ours. New color is **PINK**. First 1.5 miles has 2-way traffic in opposition of Section B-Yellow. Cool off in the Hell Creek, life jacket or swim wings optional. If a shoe comes off, just reach into the mud, there are plenty of them in there. Hell Hole Bar is a good place to mail a postcard for the HELL postmark! Bag Drop Zone at end of section. Move used bag to the Drop Dead Bag Zone for return to Half Moon.

Start	End	Length	Color	Climb	Difficulty
Hell Creek Ranch	Hell	3.2 (22.7)	Pink	+260/-270	1.5
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
0		Rivers, muck		Very Wet	High

F - Bad Ou	ıt Of Hell			Viev	<u>w</u>	<u>Print</u>	
Silver Lake		elay 2 (Pink) about a h	•	•	•	casual downhill on Poto to	
Start	End	Length	Color	Clin	nb	Difficulty	
Hell	Silver Lake 2.2 Pink +310/-3		0/-320	1.8			
Dangerou	Pangerous Road Crossings Grunge			We	tness	Poison Ivy	
1 Butt Slide				Dry		High	
G - Poto					<u>/iew</u>	Print	
direction,	at your back. At Hali	•	along the lake s	side to t	the Decision Po	ill be traveling in same int. Right across finish lind thed. Support Access.	
Start	End	Length	Color	C	Climb	Difficulty	
Silver Lake	e Half Moo	6.1 (31.0)	Pink	4	+610/-600	3.0	
Dangerous Road Crossings		Grunge		V	Wetness	Poison Ivy	
1 SEVERE		Rocks			Dry	Low	
H - Abyss							

The regions of Hell conceived of as a bottomless pit. At corner end of parking lot, follow Ultra -PINK, right. (Relay turns left on pink and yellow). Enjoy the skin treatment of the suspicious looking stuff in The Abyss. Pop out onto the Poto and in a bit merge with Relay out to the aid station at end of Scout Camp single track. No Support Access.

Start	End	Length	Color	Climb	Difficulty
Half Moon	Goodband Rd	5.4 (36.4)	Pink	+530/-560	2.7
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy

2 SEVERE	Muck	Possible	Ample
I - Vertigo		<u>View</u>	<u>Print</u>

Down the gravel road and start climbing. Hug a tree on the slamming downhills. About 1.5 miles in, follow ULTRA signs to the right-East, not Relay straight. At 2.2 miles you'll join back up with the relay and head into the woods. Flat but hot prairies and low woods. Dirty, hot road to the farm where you can grab a shower. Bag Drop Zone. Support Access.

Start	End	Length	Color	Climb	Difficulty
Goodband Rd	The Farm	3.7 (40.1)	Pink	+280/-320	2.1
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
3		Slammers		Dry	Moderate

J - Barn Burner	<u>View</u>	<u>Print</u>

Exit Farm SW corner. Easy dirt roads and Waterloo-Pinckney trail. A bit of nonsense. There may be something (card, book, pin, prom date) at the turnaround to bring back to the aid station to prove you went there. Bag Drop. Move used bag to the Drop Dead Bag Zone for return to Half Moon. Support Access.

Start	End	Length	Color	Climb	Difficulty
The Farm	The Farm	3.6 (43.7)	Blue	+210/-210	1.3
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
2		Pickers		Moist	Modest

K - Don't Get No Better	View	<u>Print</u>

Good story on name, ask Head Goat or Trail Dog. Hide ripping but tasty raspberries. Slow if overgrown, fast if prisoners cut the grass. Even faster if they are still out there! Emergency only support access.

Start	End	Length	Color	Climb	Difficulty
The Farm	Goodband Pass	2.3 (46.0)	Pink	+310/-280	1.6

Dangerous Road Crossings	Grunge	Wetness	Poison Ivy
2	Pickers	Dry	Clean
L - Glory!	View	<u>Print</u>	

A few more hills for your enjoyment. Careful attention to turns as it's really a bad time to go off course. Merges with Section G for last ¾ mile on the Crooked Lake Trail and hard right to Half Moon. As you enter Half Moon stay to the left along the lake side to 50M finish. Relay stays right. Congratulations!

Start	End	Length	Color	Climb	Difficulty
Goodband Pass	FINISH!	4.0 (50.0)	Pink	+470/-550	2.8
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
2		Rocks		Dry	Clean